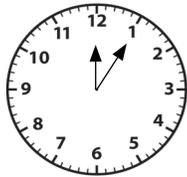


The Five Minute Flip Book

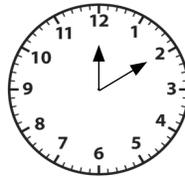
Instructions:

- Print this page of the guide. Use scissors to trim around the border of the pages.
- Organize the flip book pages sequentially in five minutes increments from 12:05 to 1:00.
- Place flip book cover on top of the stack. Secure booklet together by placing staples on far left side of the booklet.
- Watch the clock's hands move around the clock face by holding the flip book in your left hand. Flip through the pages with your right.

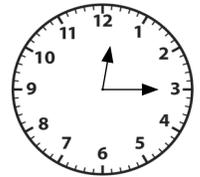
The Five Minute Flip Book



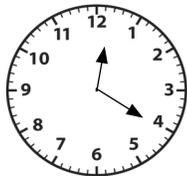
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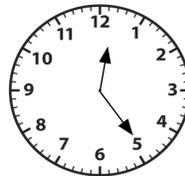
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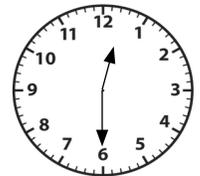
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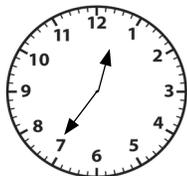
12:20



12:25



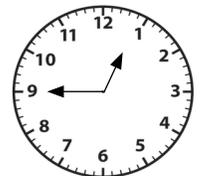
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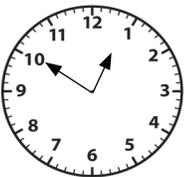
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12:40



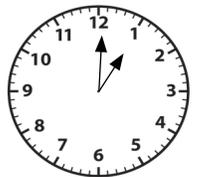
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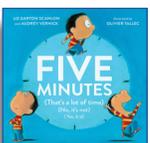
12:50



12:55



01:00



Post-Reading Discussion:

Five minutes is forever

- To *wait* means to pause, hold everything, and delay. Consider the illustrations featuring the boy as he waits with his parents at the bank, the library, and the post office. How is he feeling while waiting? Explain why this is so.
- The word *forever* means everlasting, infinitely, and enduring. Tell why waiting to use the bathroom makes five minutes seem like “forever”.
- *Impatient* mean antsy, anxious, unwilling to wait. Identify moments that you feel impatient. Does time seem to move slowly when you’re feeling antsy or anxious? Explain why this is so.

Only five minutes?

- Notice that the boy seems surprised when five minutes has passed while he is with his father at the pet store and reading to his stuffed animals. Explain why this is so.

- Observe the illustration where the boy is engaged in the duck fishing game, an activity which requires a great deal of focus and concentration to win. Tell why he needs more than five minutes to complete this task. Give an example of an experience when you needed more time to get something like this done.
- Explore reasons for five minutes passing quickly when a person is thinking hard or feeling excited. How are these experiences different than situations when five minutes move very slowly?

*Except for sometimes,
when five minutes is just right.*

- Consider the illustration featuring the boy and his father reading a bed-time story. Determine why five minutes feels “just right” for the boy in this moment.
- The word *calm* means quietness, relaxed, and peaceful. Does time move slowly or quickly when a person feels calm? Explain your answer.

Time Yourself



Use a stop watch to time yourself while you’re engaged in different activities. For example, time yourself for five minutes when you’re playing, or cleaning your room, or waiting for an exciting event to take place. How quickly does time move when you’re doing different things? Tell why this is so.

The Five Minute Flip Book

*Experience the movement of the hands of the clock or the incremental five minute changes of a digital clock by creating *The Five Minute Flip Book*. A supply list and instructions are featured on the following page.*



COMMON CORE STATE STANDARDS ALIGNMENT:

Reading Literature: RL.1, RL.2, RL.3, RL.4, RL.7, RL.10 Speaking & Listening: SL.1, SL.2, SL.4, SL.5
Mathematics: K.CC.B.4, 1.MD.A.2, 1.MD.B.3, 2.MD.A.1, 2.MD.A.3, 2.MD.A.4, 2.MD.C.7

Guide created by Debbie Gonzales, MFA

